

### **7.3. Institutional Distinctiveness**

#### **Area of distinctiveness of college are as follows:**

1. The institution aims at a holistic development of every individual who steps into the campus. Co-curricular events including cultural makes everyone aware about the social, cultural and constitutional realities that surround us.
2. Mental Health & Well Being is an important concern of the institution. Beside awareness sessions being conducted by the college, the faculty continues to be a constant support for students in situations of stress.
3. The college authority takes special care to maintain a lush green campus that ensures a serene, healthy ambience. There is also a green energy production unit & a bio-compost production unit. The campus is also a home to a variety of birds, and animals.
4. The institution aims to build itself on the values of inclusivity. There are a number of financial and other concessions which are available for students which ensure that merit do not lose out to privilege. Some of the philanthropic/ outreach programs have been able to help people in need during the COVID crises.
5. The institution takes special care to ensure uninterrupted academic pursuit of students. It has a dedicated group of officials who take care of all official matters regarding students' admission, university registration, etc. There is also a free bus service to and from the college campus to the nearest metro stations/important junctions.

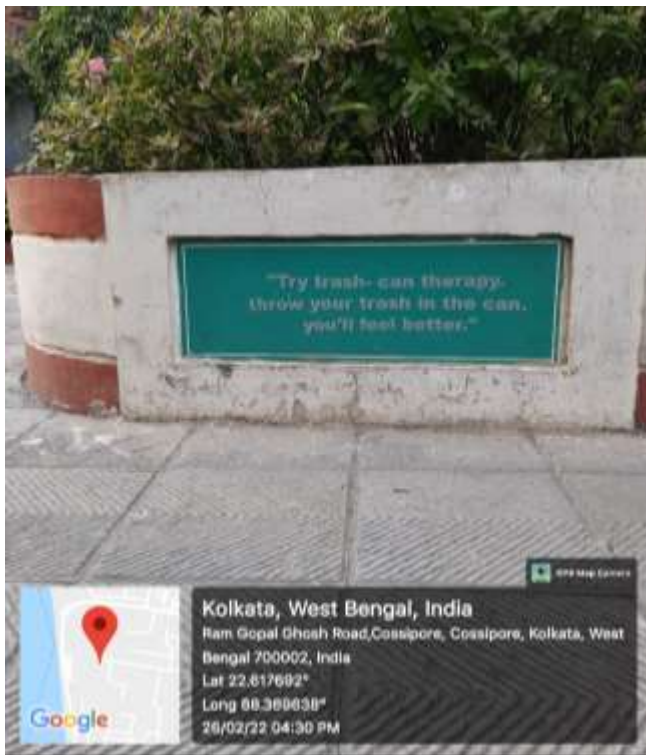
**Some supporting documents related to distinctiveness of college are as follows:**

- **Sociocultural development of students**





- Initiatives by college to create environmental consciousness



Messages to maintain cleanliness inside campus

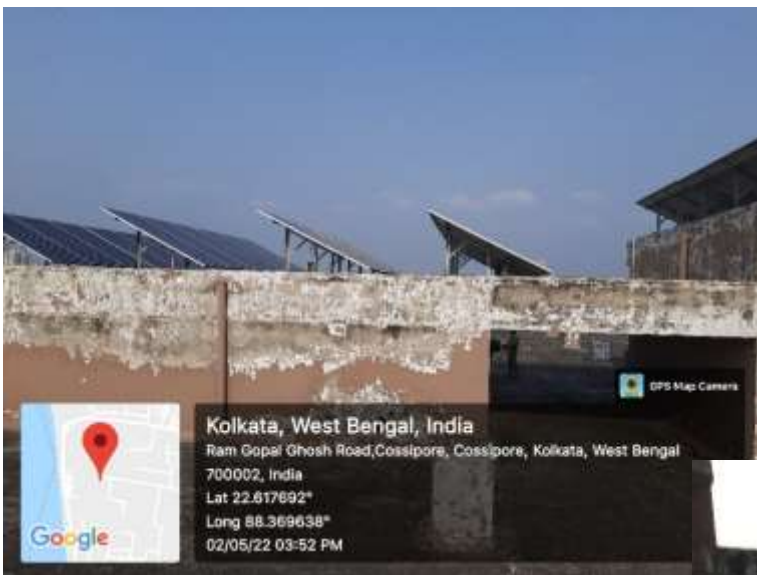
**Bio composting  
With leaves litter and  
canteen waste**



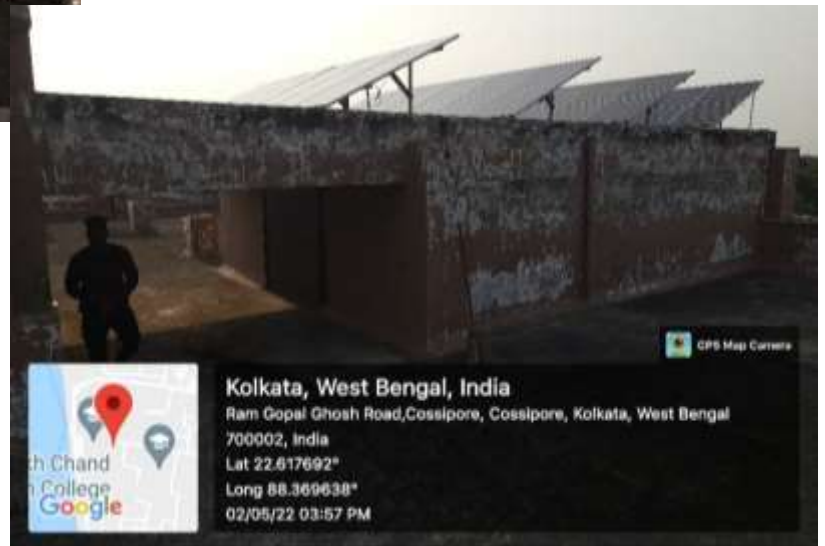
**Messages for all stakeholders for keeping the campus free of plastic and tobacco**

- Lush Green environment of the college

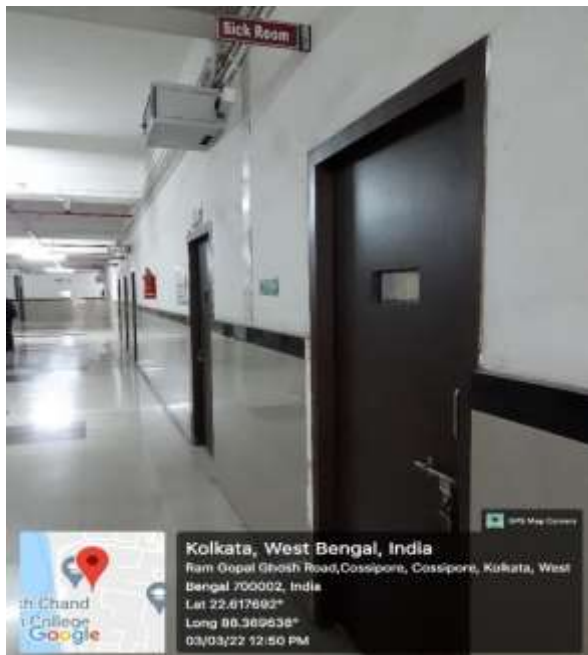




**Solar Panel on Roof-top**

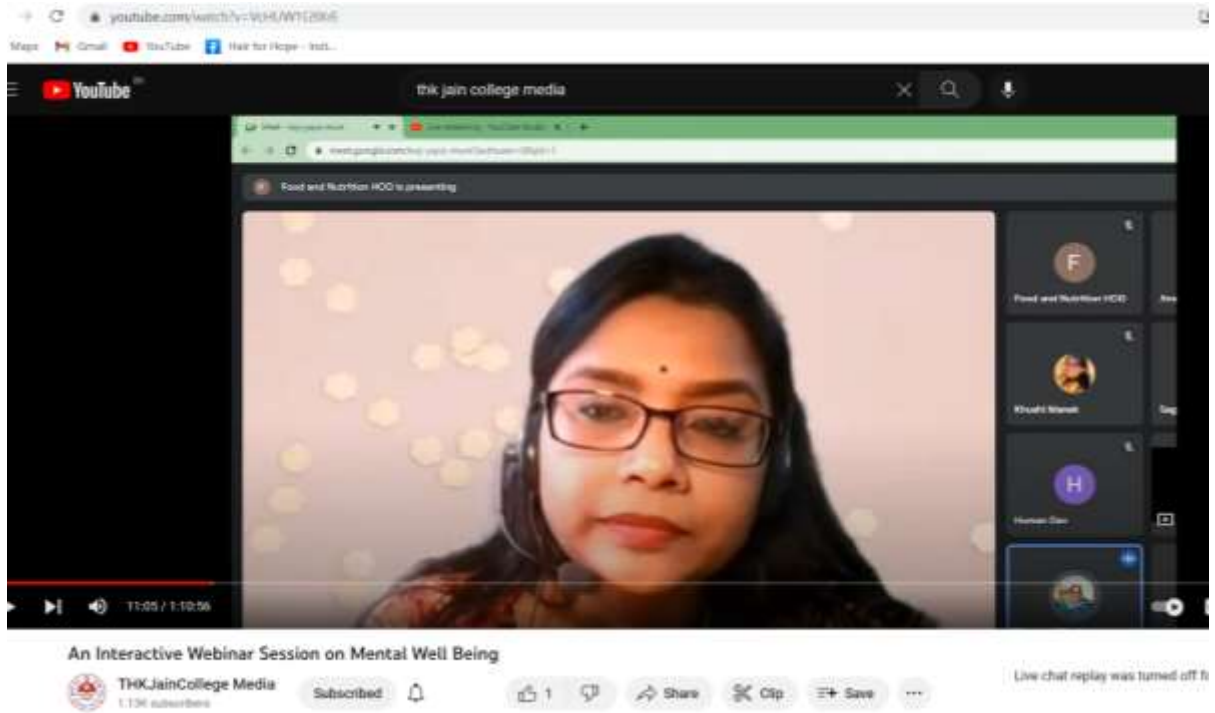


- **Mental health and Well-being of students**



**Sick room**

## Webinar for students on Mental well-being:



youtube.com/watch?v=V5H4WY28K4

Maps Gmail YouTube Hair for Hope Inst...

YouTube thk jain college media

Food and Nutrition HOD is presenting

11:05 / 1:10:56

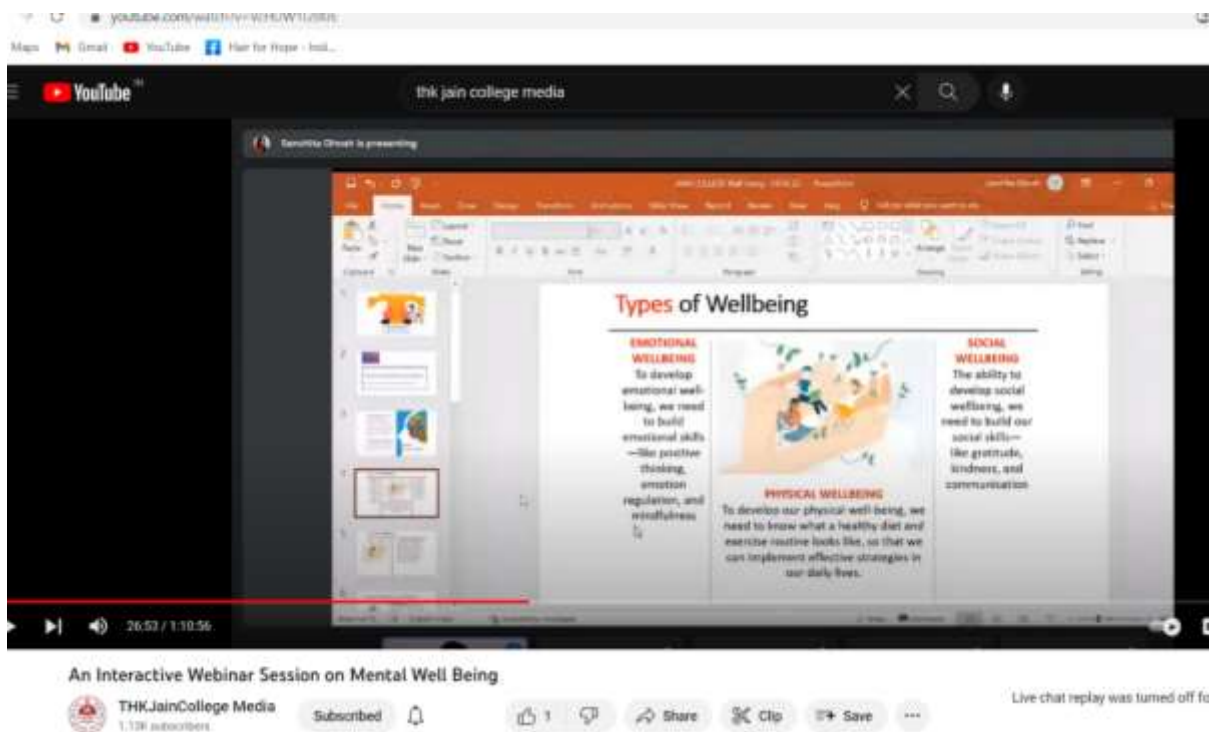
An Interactive Webinar Session on Mental Well Being

THKJainCollege Media 1,138 subscribers

Subscribed

Like Comment Share Clip Save

Live chat replay was turned off



youtube.com/watch?v=V5H4WY28K4

Maps Gmail YouTube Hair for Hope Inst...

YouTube thk jain college media

Devanika Choudhary is presenting

26:52 / 1:10:56

An Interactive Webinar Session on Mental Well Being

THKJainCollege Media 1,138 subscribers

Subscribed

Like Comment Share Clip Save

Live chat replay was turned off

**Types of Wellbeing**

- EMOTIONAL WELLBEING**  
To develop emotional well-being, we need to build emotional skills—like positive thinking, emotion regulation, and mindfulness.
- PHYSICAL WELLBEING**  
To develop our physical well-being, we need to know what a healthy diet and exercise routine looks like, so that we can implement effective strategies in our daily lives.
- SOCIAL WELLBEING**  
The ability to develop social well-being, we need to build our social skills—like gratitude, kindness, and communication.