



# T.H.K. JAIN COLLEGE

(Under the auspices of Shree S.S. Jain Sabha)

NAAC Accredited College

A Self-financed Minority Institution

Affiliated to University of Calcutta

6, Ram Gopal Ghosh Road, Cossipore, Kolkata 700002

*Organizes a series of activities & events...*



*Celebrating...*

*International Day of Yoga 2022*

## Patrons

**Shri Sardar Mall Kankaria**

President of Shree S.S. Jain Sabha

**Shri Sohan Raj Singvi**

President of Governing Body

**Shri Lalit Kankaria**

Secretary of Governing Body

## Organizing Committee:

**Dr. Mausumi Singh Sengupta**

Principal & Chairperson

**Prof. Jhumur Mondal**

NSS Program Officer

## **PROGRAMME SCHEDULE:**

**20th May, 2022 - 9:00 AM to 10:30 AM:**

**Yoga Workshop Organized by NSS Unit.**

Register at: <https://forms.gle/oQ5xTj8LvSQpqrtVA>

**Submission by : 3rd June, 2022**

**Article Writing Competition:**

**"Yoga: An Ancient Indian Practice for a Better Life"**

Submission Email ID: [thknssunit@gmail.com](mailto:thknssunit@gmail.com)

**21st June, 2022 - 9:00 AM**

**Live Yoga Session For Students & Faculty**

Report to College Campus by 8:45 AM

