

WHO predicts that by 2020 India will have
60% of world's heart patients

38% Stunted under-5 Children

21% Wasted or severely wasted
under-5 children who weigh
less for their height.

It is predicted that by 2030
diabetes mellitus may afflict up
to 79.4 million individuals
in India.

Obesity -

22% Overweight adult women

16% Overweight adult men



**HARD
FACTS**

**An
Interactive
Workshop**



**Do these facts move you?
Be the change that you wish to see - Starting with your
PHYSICAL SELF**

Chinmaya Transformation Circle
Presents

**Transforming Indians to
TRANSFORM INDIA**

4th October | 12 - 1:30pm

At THK Jain College



Physical Transformation
HOLISTIC GROWTH

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